Four Class Series
Find Your Balance

- Improve balance
- Simple exercises
- Tips from physical therapist

Zoom Online Class, Mondays
May 11, 18, June 15 & 22, 2020
1:30 - 3pm

Have fun bringing concentration and focus to your feet

presented by
Patricia Jefferson
Vision Rehabilitation Instructor

$25 for four-class series
Call 707.523.3222 to register
www.earlebaum.org