

Four Class Series Find Your 200 to your feet **lalance**

Thursdays 2/20, 3/5, 3/19 & 4/2/2020 1:30 - 3 pm **Earle Baum Center**

- Improve balance
- Simple exercises
- Tips from Physical Therapist

presented by Patricia Jefferson

Vision Rehabilitation Instructor Earle Baum Center of the Blind

\$25 for four-class series

For more info, call Patricia Jefferson 707.636.2314

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